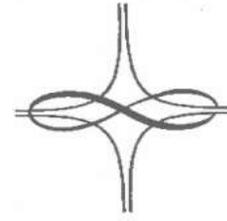


# IN VIA

Union of Catholic Apostolate  
Newsletter of the Canadian National Coordination Council  
Fall 2021



## MESSAGE FROM THE PRESIDENT

Love and peace to all our UAC members. It has been many months since we have been able to come together to converse, to learn, to pray and to celebrate. It is my hope that you have all kept well and happy in this time of the pandemic. May this challenge soon come to an end. I hope it has also been a time of personal growth, a time to strengthen friendships, a time to appreciate family, and a time to draw closer to the Lord.

As you have heard, we are invited by the Synod of Bishops to take part in the consultative phase of the upcoming Synod “For a Synodal Church: Communion, Participation and Mission”. We are asked to give voice to our journey in the Church. By coming together in groups, led by the Word of God and prayer, we are to listen to the Holy Spirit guide us as we move forward in the 21<sup>st</sup> century. What a gift we have been granted! Let us use this opportunity to assist the bishops in their deliberations for the future of the Church.

I realize we are still under restrictions for covid-19, but there are ways we can come together to discuss and share. In our small groups we can set up Zoom gatherings and maybe focus on one of the themes each time. Isabel Bolhuis is willing to help set these up if you don’t know how. If you are an individual without a group you could join with the Emmaus group in the discussions. Just let Isabel know who you are. Her email address is XXXXXXXXXXXX. Perhaps if you don’t have a

computer, you might be able to meet at the house of someone who does (if you both feel comfortable) and so be part of a discussion. We encourage as many of our members to take part in these discussions as possible. The more of us who take part, the better the response we can submit to the synod committee. Please remember to have someone record your talks, highlighting the important points and thoughts and submit them to me. They will all be synthesized into one report to be submitted to the General Secretariate by January 31, 2022. That means we need to have our meetings in November and December and submitted to me **by January 7<sup>th</sup> at the very latest**. I am sending the letter and the guidelines sent out by the General Secretariate again, which can be included with the In Via mail out.

As stated in the guidelines, topics 1, 4, 5, 6, and 9 are particularly relevant to the UAC. Please start with these and then any others you consider relevant for our UAC. Guiding questions for each topic can be found on the website:

[www.synod.va/en/documents/vademecum.html](http://www.synod.va/en/documents/vademecum.html)

This is also a chance for us as UAC to proceed forward in our own journey. It can help us make important decisions on what we see for ourselves in the future. Please take the time to participate.

Yours in Christ,  
Maria

## PRAYER FOR THE SYNOD: Adsumus Sancte Spiritus

We stand before You, Holy Spirit,  
as we gather together in Your name.

With You alone to guide us,  
make Yourself at home in our hearts;  
Teach us the way we must go  
and how we are to pursue it.

We are weak and sinful;  
do not let us promote disorder.  
Do not let ignorance lead us down the wrong path  
nor partiality influence our actions.

Let us find in You our unity  
so that we may journey together to eternal life  
and not stray from the way of truth  
and what is right.

All this we ask of You,  
who are at work in every place and time,  
in the communion of the Father and the Son,  
forever and ever. Amen



## **Our Lady of Vailankanni (Our Lady of Good Health)**

O Mary! Our Mother of Health and Our Heavenly Queen, seated on your throne of mercy and compassion in your Holy Shrine at Vailankanni, we praise and honor you to be our refuge and our relief. Numerous are the sick who through you have recovered health. Relying on your power and goodness, we fly to you and implore you to heal our infirmities and to obtain for us perfect health of body and soul, that we may better be able to serve you and your Divine Son. At all times you have been the help and consolation of the sick. You obtain for them health, when it is conducive to their salvation. You assist them at time of their death. Help them O Most amiable Mother and obtain for us cure from all our sufferings, or patience to endure them in the spirit of resignation agreeable to God's Holy Will, so that all our trials and sufferings may help to purify our souls and help us to detach ourselves from earthly ties. Amen.



As some of you may be aware, the statue of Our Lady of Vailankanni was in need of repair. So, while it was back in Red Deer, Lois Caron, a member of St. Mary's CWL agreed to take on the task. After hearing a little about the statue and how it came to be in Canada, she said she would be happy to do the repair for the Union of Catholic Apostolate. As Lois refused any payment for her work, it was decided at the CNCC meeting to send her name to San Salvatore in Onda, in Rome and have her included in a mass. Maria will send her a card. Isabel also gave her a rosary and information about our UAC. To see Lois' work and the story of how her passion of restoring statues began, go to her website: [sacredstatues.com](http://sacredstatues.com)

Submitted by:  
Margaret Coyle

## FORMATION FOCUS:



Dear Brothers and Sisters in the UAC,

During the month of October, our minds and hearts often turn to thoughts of Mary. Vincent Pallotti had a great and gentle devotion to Mary. He chose Mary, Queen of Apostles as the patroness of the Union of Catholic Apostolate. In her, Pallotti saw the very embodiment of a willingness to live the life of an apostle and a missionary.

St. Vincent Pallotti writes about Mary:

“In his infinite love God places Mary, the Blessed Virgin, the mother of his only-begotten Son, before our eyes as our model. She followed our Lord Jesus Christ on the road to redemption so closely that she surpasses all angels and saints in holiness, in grace and in justice. At the same time, through his only-begotten Son, God gives her as our mother. Through her intercession and the sublime example of her whole life we are urged to follow our Lord Jesus Christ and to imitate him in faith, with a deep and trusting love.” (*Epistole Latinae 26f*)

Pope Francis describes Mary in this way:

“Mary, as the mother of Jesus, has a special role in the life of all Christ’s disciples. Mary is our mother, the Mother of the Church, entrusted to us by Christ from the cross. With a mother’s love she cares for us, taking us under the protection of her mantle. In a particular way, as we pray in the Hail Mary, she intercedes for sinners and for those at the hour of death, drawing them ever closer to her Son. Just as she stood beneath the cross, united with Jesus in his abandonment and sorrow, so she is close with a mother’s love to those who are lost or have no one to pray for them. ... may we rejoice that Mary, who said “yes” to the message of the angel, is ever ready to say “yes” to us, interceding before her Son for our needs and for the salvation of the world.”

(*A summary of the words of Pope Francis during his General Audience on March 24<sup>th</sup>, 2021*).

In contemplating the words of the “Hail Mary”, you might find the link below helpful.

It is a site which shares Pope Francis’s explanation of the Hail Mary phrase by phrase, as Pope Francis teaches in his book “Mary, Mother of All”.

<https://sjnsa.org/from-the-deacons-corner/5/15/2018/pope-francis-explains-the-hail-mary-phrase-by-phrase>

*Hail, Mary, full of grace,  
the Lord is with thee.  
Blessed art thou amongst women  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.*

You may also like this song, “Breath of Heaven” by Amy Grant.

[https://youtu.be/L8\\_475FKJWQ](https://youtu.be/L8_475FKJWQ)

It is sung through the perspective of Mary and what she “may” have been feeling. The chorus is a beautiful “prayer”.

*Breath of heaven  
Hold me together  
Be forever near me  
Breath of heaven  
Breath of heaven  
Lighten my darkness  
Pour over me your holiness  
For you are holy*

I conclude with this prayer to Mary, Queen of Apostles:

*As followers of your Son, Jesus, we have committed ourselves to reawakening faith and enkindling charity both in our own lives and in the lives of others.*

*Trusting in you, Holy Virgin, we have every confidence in the help given through your intercession; and we direct our powers of body and spirit to the greater glory of God.*

*Following the example of Saint Vincent Pallotti, we ask your assistance to deepen our prayer for the growth of the Kingdom of God; and finally we hope that together with you we may enjoy the fulfilment of paradise forever. Amen*

May God bless each of you as you continue your spiritual journey.

~ Isabel Bolhuis



**I continue to include the following links for easy reference:**

<http://www.unionofcatholicapostolate.org/>

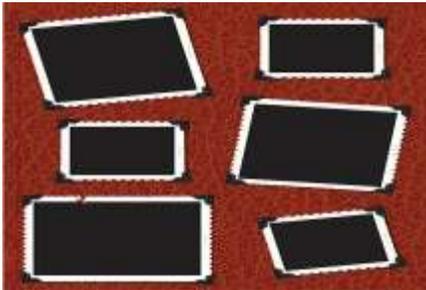
<https://www.catholicapostolatecenter.org/>

**San Salvatore in Onda** remains live. <https://rzym.aztv.pl/rzym.php>

## PHOTOGRAPHS

Just a friendly reminder that I'm still waiting for pictures that I can include in the UAC photo albums. If they're digital I can get them printed or they can be mailed to me.

I'd like to finish this project so the albums can be enjoyed when we're able to have our functions again. Hopefully in the spring 😊



Thank you so much,  
In Christ,  
Darlene Opseth  
XXXXXXXXXXXXXXXXXXXX

## **Fall Cleanup at the Rosary Garden – St. Mary's Red Deer, AB**



Dave Hollman, Angelina d'Almeida, Colleen McIntyre, Margaret Coyle and Isabel Bolhuis (photographer)

**Thank you for keeping the Rosary Garden looking so beautiful!!**

## **Emmaus Celebration**

This year, the members of Emmaus wanted to do something special to celebrate our 20<sup>th</sup> anniversary as a group. We decided to gather at the Rosary Garden at St. Mary's to say the rosary together and to share a picnic. It was a lovely afternoon with perfect weather and the fact that we could all attend was an added blessing. Fr. Mirek, pastor at St. Mary's, joined us for a while and gave us a special blessing.

There have been changes over the years as some of our members have moved away and two have passed away – Gerry Beauchamp and Peter Rombouts, whom we keep fondly in our prayers. We still have four original members – Yolanda Richards, Isabel Bolhuis, Colleen McIntyre, and Margaret Coyle. Roger Ouimet joined us in 2012, Bill Coyle in 2014, Joan Selent in 2019 and Judy, Roger's wife, just completed Session 6 of Preparatory Formation. We look forward to whatever God had planned for our next 20 years!



## **Novena Prayer** in Honor of St. Vincent Pallotti

St. Vincent Pallotti,

you were molded by God, the infinite love.

you answered God's call to serve.

you were there:

for those seeking counsel,

for the sick,

for the youth and the aging,

for the rich and the poor,

for the people of any profession and walk of life.

All were important to you.

You wanted to inspire each and every one for the kingdom of God, reminding people

of their duty to be apostles and preparing them for this work.

Now I call upon you to intercede for me.

Help me to pray.

Help me to pray only for what I truly need, what I can truly use, what is for my salvation and the honor of God. You received many graces and gifts from God. You always thanked God beforehand, as if your prayer had already been answered.

St. Vincent Pallotti

I ask you to submit my petitions to God;

Be my helper as I place this prayer before God the Father, through Jesus Christ.

Do not leave (name of deceased) without your help.

Bless (first name of deceased) who you have taken to yourself.

Show (him or her) the way to Christ. That (he or she) may rest in the peace of eternity.

Through the Spirit lead (him or her) to the Father. Amen.

Today in particular we recommend to the Lord our (brother or sister), (Name of deceased) whom he has called to himself from this world.

O God, hear the prayer that we raise to you with faith in the Risen Lord.

Strengthen in us the hope

That, together with our (brother or sister), (Name of deceased) Whom you have called to yourself from this world,

We will rise in Christ to new life.

We ask this through Christ our Lord.

Amen.

Give to all your faithful departed eternal rest, O Lord.

And may your light shine on them.

May they rest in peace.

Amen.

*For the repose of the soul of any deceased member of the UAC. Please pray these prayers for nine consecutive days once or three times per day as is your preference.*



Please pray for the following:

- All who struggle with the physical, mental or other challenges of Covid 19
- Bill Coyle - Emmaus

Please keep in your prayers all our ill members, those who are house-bound and our deceased members.

*May God show his infinite love and compassion at this time through the intercession of Our Lady Queen of Apostles and St. Vincent Pallotti.*

## MARK YOUR CALENDARS

November 22, 2021 – Rosary via Zoom with Isabel Bolhuis – 7:00pm

## SUBMISSION GUIDELINES

Submissions for In Via are welcome from all members of the UAC. Below is a list of categories that will be considered for publication. Please note that the editor has the discretion to use, omit or delay submitted material based on editorial guidelines prepared by the Canadian National Coordination Council, space limitations, or appropriateness of the submission for that particular issue.

### Categories

Group activities	Quotes	Poems	Reflections
New members or groups	Articles	Recipes	Pictures

### Content

Submissions should be no more than a 1/2 page in length and are subject to spelling and grammar checking. The editor may downsize the submission if deemed necessary for space consideration. Content should have a spiritual, educational or community-based focus. Pictures are always welcome. Submissions can be sent directly to the editor.

**In Via** is published by the Canadian National Coordination Council.  
**Editor:** Yolanda Richards      XXXXXXXXXXXXXXXX